

FEBRUARY

BIBLE READING AND FASTING PLAN

ABOUT THE PLAN

This plan guides us as a church through a year of Scripture and prayerful fasting.

Based on the *Revised Common Lectionary*, it includes weekly readings from the Old Testament, Psalms, New Testament, and Gospels. Different weeks focus on themes and have fasting dates, uniting us in faith and purpose throughout the year.

Fast Days

We aim to fast together as a church on the same day but encourage everyone to choose what works best for their circumstances.

Themes

Every two weeks, we focus on a shared theme, guided by Scripture, for reflection as a church.

SUN	MON	TUE	WED	THU	FRI	SAT
						01
02	WEEKLY READINGS <input type="checkbox"/> Malachi 3:1-4 <input type="checkbox"/> Psalm 84 or 24:7-10 <input type="checkbox"/> Hebrews 2:14-18 <input type="checkbox"/> Luke 2:22-40	04 FAST DAY	05 Theme: The pursuit of holiness in our lives	06	07	08
09	WEEKLY READINGS <input type="checkbox"/> Isaiah 6:1-13 <input type="checkbox"/> Psalm 138 <input type="checkbox"/> 1 Corinthians 15:1-11 <input type="checkbox"/> Luke 5:1-11	11		13	14	15
16	WEEKLY READINGS <input type="checkbox"/> Jeremiah 17:5-10 <input type="checkbox"/> Psalm 1 <input type="checkbox"/> 1 Corinthians 15:12-20 <input type="checkbox"/> Luke 6:17-26	18 FAST DAY	19 Theme: God's glory and power	20	21	22
23	WEEKLY READINGS <input type="checkbox"/> Genesis 45:3-11, 15 <input type="checkbox"/> Psalm 37:1-11, 39-40 <input type="checkbox"/> 1 Corinthians 15:35-38, 42-50 <input type="checkbox"/> Luke 6:27-38	25		27	28	01

MARCH

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23	24	25	26	27	28	01
2 Transfiguration Sunday	WEEKLY READINGS • Exodus 34:29-35 • Psalm 99 • 2 Corinthians 3:12-4:2 • Luke 9:28-36, (37-43a)	04 FAST DAY	05 Ash Wednesday	06 Theme: God's kindness towards us and our need for repentance	07	08
9 First Sunday in Lent	WEEKLY READINGS • Deuteronomy 26:1-11 • Psalm 91:1-2, 9-16 • Romans 10:8b-13 • Luke 4:1-13	11	12	14	15	15
16 Second Sunday in Lent	WEEKLY READINGS • Genesis 15:1-12, 17-18 • Psalm 27 • Philippians 3:17-4:1 • Luke 13:31-35 or 9:28-43	18 FAST DAY	19 Theme: Awareness of God's presence in our lives	20	21	22
23 Third Sunday in Lent	WEEKLY READINGS • Isaiah 55:1-9 • Psalm 63:1-8 • 1 Corinthians 10:1-13 • Luke 13:1-9	25	26	27	28	29
30	31	01	02	03	04	05

APRIL

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SUN	MON	TUE	WED	THU	FRI	SAT
30 Fourth Sunday in Lent	WEEKLY READINGS <ul style="list-style-type: none"> Joshua 5:9-12 Psalm 32 2 Corinthians 5:16-21 Luke 15:1-3, 11b-32 	01 FAST DAY	02 Theme: God's fulfillment of His promises through Jesus	03	04	05
6 Fifth Sunday in Lent	WEEKLY READINGS <ul style="list-style-type: none"> Isaiah 43:16-21 Psalm 126 Philippians 3:4b-14 John 12:1-8 	08		10	11	12
13 Palm Sunday	WEEKLY READINGS <ul style="list-style-type: none"> Psalm 118:1-2 Psalm 19-29 Luke 19:28-40 	15 FAST DAY	16 Theme: The crucifixion of Jesus	17 Maundy Thursday	18 Good Friday	19
20 EASTER	WEEKLY READINGS <ul style="list-style-type: none"> Acts 10:34-43 or Isaiah 65:17-25 Psalm 118:1-2, 14-24 1 Corinthians 15:19-26 or Acts 10:34-43 John 20:1-18 or Luke 24:1-12 	22		24	25	26
27	28	29 FAST DAY	30	01	02	03

MAY

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SUN	MON	TUE	WED	THU	FRI	SAT
27	WEEKLY READINGS <ul style="list-style-type: none"> Acts 5:27-32 Psalm 118:14-29 or 150 Revelation 1:4-8 John 20:19-31 	29 FAST DAY	30 Theme: The resurrection of Jesus	01	02	03
04	WEEKLY READINGS <ul style="list-style-type: none"> Acts 9:1-6, (7-20) Psalm 30 Revelation 5:11-14 John 21:1-19 	06		08	09	10
11	WEEKLY READINGS <ul style="list-style-type: none"> Acts 9:36-43 Psalm 23 Revelation 7:9-17 John 10:22-30 	13 FAST DAY	14 Theme: Jesus the King	15	16	17
18	WEEKLY READINGS <ul style="list-style-type: none"> Acts 11:1-18 Psalm 148 Revelation 21:1-6 John 13:31-35 	20		22	23	24
25	WEEKLY READINGS <ul style="list-style-type: none"> Acts 16:9-15 Psalm 67 Revelation 21:10, 22-22:5 John 14:23-29 or John 5:1-9 	27 FAST DAY	28 Theme: Jesus the Shepherd	29 Ascension of the Lord	30	31

JUNE

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01	WEEKLY READINGS <ul style="list-style-type: none"> Acts 16:16-34 Psalm 97 Revelation 22:12-14, 16-17, 20-21 John 17:20-26 	03	Theme (continued): Jesus our Shepherd	05	06	07
08 Pentecost	WEEKLY READINGS <ul style="list-style-type: none"> Acts 2:1-21 or Gen 11:1-9 Psalm 104:24-34, 35b Romans 8:14-17 or Acts 2:1-21 John 14:8-17, (25-27) 	10 FAST DAY	11 Theme: The gospel going out to the whole world	12	13	14
15 Trinity Sunday	WEEKLY READINGS <ul style="list-style-type: none"> Proverbs 8:1-4, 22-31 Romans 5:1-5 John 16:12-15 	17		19	20	21
22 Presentation of the Lord	WEEKLY READINGS <ul style="list-style-type: none"> 1 Kings 19:1-7), 8-15 Psalm 22:19-28 Galatians 3:23-29 Luke 8:26-39 	24 FAST DAY	25 Theme: The gospel being spread in Montreal	26	27	28
29	WEEKLY READINGS <ul style="list-style-type: none"> 2 Kings 2:1-2, 6-14 Psalm 16 Galatians 5:1, 13-25 Luke 9:51-62 	01	02	03	04	05

JULY

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SUN	MON	TUE	WED	THU	FRI	SAT
		01	02	03	04	05
06	WEEKLY READINGS <ul style="list-style-type: none"> 2 Kings 5:1-14 Psalms 66:1-9 Galatians 6:1-16 Luke 10:1-11, 16-20 	08 FAST DAY	09 Theme: Us sharing the gospel with those in our lives	10	11	12
13	WEEKLY READINGS <ul style="list-style-type: none"> Amos 7:7-17 Psalms 25:1-10 Colossians 1:1-14 Luke 10:25-37 	15		17	18	19
20	WEEKLY READINGS <ul style="list-style-type: none"> Amos 7:7-17 Psalms 25:1-10 Colossians 1:1-14 Luke 10:25-37 	22 FAST DAY	23 Theme: The presence and power of the Holy Spirit in our lives	24	25	26
27	WEEKLY READINGS <ul style="list-style-type: none"> Hosea 1:2-10 Psalms 138 Colossians 2:6-19 Luke 11:1-13 	29		31	01	02

AUGUST

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SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	31	01	02
03	WEEKLY READINGS <ul style="list-style-type: none"> Hosea 11:1-11 Psalm 49:1-12 Colossians 3:1-11 Luke 12:13-21 	05 FAST DAY	06 Theme: Justice in our world for the oppressed	07	08	09
13	WEEKLY READINGS <ul style="list-style-type: none"> Isaiah 1:1, 10-20 Psalm 33:12-22 Hebrews 11:1-3, 8-16 Luke 12:32-40 	12		14	15	16
17	WEEKLY READINGS <ul style="list-style-type: none"> Isaiah 5:1-7 Psalm 82 Hebrews 11:29-12:2 Luke 12:49-56 	19 FAST DAY	20 Theme: Healthy life rhythms & living intentionally	21	22	23
20	WEEKLY READINGS <ul style="list-style-type: none"> Jeremiah 1:4-10 Psalm 103:1-8 Hebrews 12:18-29 Luke 13:10-17 	26		28	29	30
31		FAST DAY				

SEPTEMBER

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SUN	MON	TUE	WED	THU	FRI	SAT
31	WEEKLY READINGS <ul style="list-style-type: none"> Jeremiah 2:4-13 Psalm 112 Hebrews 13:1-8, 15-16 Luke 14:1, 7-14 	02 FAST DAY	03 Theme: Living with security out of faith	04	05	06
7	WEEKLY READINGS <ul style="list-style-type: none"> Jeremiah 18:1-11 Psalm 1 Philemon 1:1-21 Luke 14:25-33 	09		11	12	13
14	WEEKLY READINGS <ul style="list-style-type: none"> Numbers 21:4b-9 Psalm 78:1-2, 34-38 1 Corinthians 1:18-24 John 3:13-17 Holy Cross	16 FAST DAY	17 Theme: Jesus' compassion towards sinners and the lost	18	19	20
21	WEEKLY READINGS <ul style="list-style-type: none"> Jeremiah 8:18-9:1 Psalm 113 1 Timothy 2:1-7 Luke 16:1-13 Presentation of the Lord	23		25	26	27
28	29	30 FAST DAY				

OCTOBER

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SUN	MON	TUE	WED	THU	FRI	SAT
28	WEEKLY READINGS <ul style="list-style-type: none"> Jeremiah 32:1-3, 6-15 Psalm 146 1 Timothy 6:6-19 Luke 16:19-31 	FAST DAY	01 All Saints Day	02 Theme: Perseverance in faith	03	04
05	WEEKLY READINGS <ul style="list-style-type: none"> Lamentations 3:19-26 Psalm 37:1-9 2 Timothy 1:1-14 Luke 17:5-10 	07	08	through trials and struggles	10	11
12	WEEKLY READINGS <ul style="list-style-type: none"> Jeremiah 29:1, 4-7 Psalm 111 2 Timothy 2:8-15 Luke 17:11-19 	14 FAST DAY	15 Theme: The cross is at the heart	16	17	18
19	WEEKLY READINGS <ul style="list-style-type: none"> Jeremiah 31:27-34 Psalm 121 2 Timothy 3:14-4:5 Luke 18:1-8 	21	of our relationship with God	23	22	25
26	27	28 FAST DAY	29	30	31	

NOVEMBER

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26	WEEKLY READINGS <ul style="list-style-type: none"> Joel 2:23-32 Psalm 84:1-7 2 Timothy 4:6-8, 16-18 Luke 18:9-14 	28 FAST DAY	29 Theme: Voyage Church: Our dependence on God for all things	30	31	01
02	WEEKLY READINGS <ul style="list-style-type: none"> Haggai 1:15b-2:9 Psalm 17:1-9 2 Thessalonians 2:1-5, 13-17 Luke 20:27-38 	04		06	07	08
09	WEEKLY READINGS <ul style="list-style-type: none"> Haggai 1:15b-2:9 Psalm 17:1-9 2 Thess. 2:1-5, 13-17 Luke 20:27-38 	11 FAST DAY	12 Theme: Living out Godly virtues in our daily lives	13	14	15
16	WEEKLY READINGS <ul style="list-style-type: none"> Isaiah 62:1-5 Psalm 36:5-10 1 Corinthians 12:1-11 John 2:1-11 	18		20	21	22
23	WEEKLY READINGS <ul style="list-style-type: none"> Isaiah 12 Psalm 98 2 Thessalonians 3:6-13 Luke 21:5-19 	25 FAST DAY	26 Theme: Prayer for our nation and its leaders	27	28	29
30	WEEKLY READINGS <ul style="list-style-type: none"> Jeremiah 23:1-6 Psalm 46 Colossians 1:11-20 Luke 23:33-43 					