FEBRUARY



BIBLE READING AND FASTING PLAN

ABOUT THE PLAN

This plan guides us as a church through a year of Scripture and prayerful fasting.

Based on the *Revised Common*Lectionary, it includes weekly readings from the Old Testament, Psalms, New

Testament, and Gospels. Different weeks focus on themes and have fasting dates, uniting us in faith and purpose throughout the year.

Fast Days

We aim to fast together as a church on the same day but encourage everyone to choose what works best for their circumstances.

Themes

Every two weeks, we focus on a shared theme, guided by Scripture, for reflection as a church.

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|--|------|-----------------------------|-----|-----|-----|
| | | | | | | 01 |
| 02 | • Malachi 3:1-4 • Psalm 84 or 24:7- • Hebrews 2:14-18 • Luke 2:22-40 | FAST | Theme: The pursuit | 06 | 07 | 08 |
| 09 | WEEKLY READINGS Isaiah 6:1-13 Psalm 138 1 Corinthians 15:1- Luke 5:1-11 | | of holiness in our lives | 13 | 14 | 15 |
| 16 | WEEKLY READINGS Jeremiah 17:5-10 Psalm 1 1 Corinthians 15:12 Luke 6:17-26 | FAST | Theme: | 20 | 21 | 22 |
| 23 | WEEKLY READINGS Genesis 45:3-11, 15 Psalm 37:1-11, 39-4 1 Corinthians 15:35 Luke 6:27-38 | 0 | God's glory— and power | 27 | 28 | O1 |